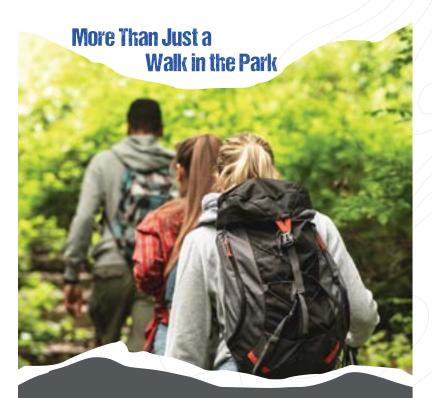
# ALL FWD

# Find Your Epic

## Moments Can Move People, Organizations and the Community Forward

All Forward experiences reawaken the senses, engage, connect and motivate people to move forward. With the Ohio & Erie Canalway Towpath and Cuyahoga Valley National Park as a backdrop, we use the outdoors and unique experiences to foster well-being, team-building, engagement, leadership and community, all while unlocking the epic in each of us.

**People reconnect. Employees re-engage. Organizations prosper. Communities thrive.** 



We emphasize reconnecting people, introducing them to hidden regional gems. Every experience is designed with clear objectives in mind. We work with you to establish the focus area(s) and then curate transformative activities to achieve them.

### **Experiences promote:**

Well-being, Leadership, Team-building, Engagement

**Through focus areas of:** Food, Art, History, Environment

All Forward experiences are customized to meet your needs, objectives, interests and the physical abilities of your group. We emphasize reconnecting people, introducing them to hidden regional gems, and supporting local nonprofits and small businesses.

Bring your team together through our outdoor experiences lasting a half day, full-day or multidays. The ideal size is 8-10 participants at a time, but we can explore ways to meet the needs of larger groups, too. We prioritize a high impact on people and a low impact on the environment – smaller groups, local foods and avoiding car travel, when possible.



#### Your participants benefit by:

- Building resilience through movement, self-exploration, team collaboration and community connection
- Cultivating skills, trust and engagement
- Recharging and overcoming burnout
- Returning to work with a renewed sense of balance and enthusiasm

### Groups or initiatives to consider for All Forward:

#### Your organization also benefits through:

- An enhanced culture
- Greater productivity and sense of common purpose
- Fresh perspectives that unleash creativity to solve problems and spark new ideas
- Meaningful and connected relationships that retain current employees and attract new ones

Leadership teams, high potential employees, employee resource groups, young professionals, cross- or inter-department teams, board members, industry peer groups, mentoring, DEI initiatives, succession planning, onboarding, retreats and more.

## **Grow Through Experience**

Six pillars are the foundation of All Forward's approach and the reason it achieves lasting impact for everyone involved – socially, environmentally and economically. Your people learn by doing, guided by our organic, but intentional, coaching and training.

## **MOVE:**

Get moving via hiking, cycling, rowing, kayaking, canoeing, snow-shoeing, paddle boarding and yoga; visit destinations by rail

# **LEARN:**

Gain knowledge, acquire skills and preserve local history and the environment

# FUEL:

Feed the mind, soul and body with farm-totable fare raised from the area's rich landscape of farms, markets and restaurants

# **REST:**

Recharge and reflect in unique environments from camping to historic inns

# **GROW:**

Build resiliency and collaboration organically with programming in well-being, leadership development, team-building and engagement **GIVE:** 

Interact with area small businesses and nonprofits for a broader view, spotlight important issues and instill the spirit of how to make a lasting impact

## Join Us Outside or Get In Touch to Learn More



e: <u>info@allforward.us</u> w: <u>www.allforward.us</u> Follow Us @all.forward

